



For Your Information

Who I am: I am a licensed psychologist. I have a doctoral degree in Counseling Psychology from the University of Texas at Austin, and I am a graduate of the Clinical Psychology Residency at the University of Texas Health Science Center, San Antonio. I am trained to provide psychological assessment and treatment to individuals, couples, families, and groups. I am not a physician, and do not prescribe medication. I provide training for psychology graduate students and postdoctoral fellows, and they may sometimes observe and/or provide some services under my close supervision. I adhere to the Ethical Standards established by the Texas State Board of Examiners of Psychologists and the American Psychological Association.

Disclosures: Consultations, test results, and disclosures between a psychologist and a patient will be held in strict confidence subject to state law. However, there are several exceptions to this form of confidentiality. It might be necessary to break confidentiality in any one of the following instances: subpoenas or the directive of a court of law to disclose information; disclosure of abuse or neglect of children, the elderly, and/or a disabled person; and threats of physical well-being of one's self or other persons. From time to time, I may consult with other qualified professionals to seek information or input which may be helpful to my patients. In such cases, I make every effort to preserve the confidential identity of my patients.

Availability: When contacting me at the office (495-9556), please leave your name and phone number and I will return your call as promptly as possible. If you have a mental health emergency or crisis, please call 512-296-3671 and I will be paged immediately. If I do not return your emergency call within 20 minutes, call 911 immediately. When I am not available, one of my colleagues will be available for emergencies. If I will be unavailable for extended periods of time, I will make every effort to inform you of such instances ahead of time.

Length of Sessions: Individual and couples psychotherapy sessions usually last for 45 minutes. Extended individual or couple's sessions (75-90 minutes) are available upon request. Group therapy usually lasts between 75 and 90 minutes. Family therapy usually lasts between 45 and 50 minutes. The duration of evaluations will vary according to the specified need.

Cancellation: Cancellation of psychotherapy appointments must be made at least 24 hours in advance of the scheduled appointment. If the scheduled appointment is on a Monday, the cancellation must be made by 5 p.m. on Saturday. If not, the full fee will be charged for missed appointments, and the fee will be posted to the credit card we have on file. This is a standard practice among psychologists and is not intended to be punitive to patients/clients. Timely cancellations enable me to utilize my time for the benefit of all the people with whom I work, offering opportunities for re-scheduling and decreasing unnecessary expense. Cancellations due to emergencies may be discussed with me. Cancellations can be made through leaving a message on my office voicemail.

Payment for Services: Payment is expected when the services are rendered unless other arrangements have been made. An outstanding balance may be charged against a credit card on file. The charge for an initial session or evaluation is \$195.00. The charge for a 45-50 minute session is \$170.00 and \$330.00 for a 75-90-minute session. For telephone consultations, the same rates apply. Inpatient hospital services are \$360.00 per hour, the cost of requested letters is usually \$170.00 to \$210.00, and the cost of court-room appearances is \$400.00 per hour with a \$3200.00 retainer for court room appearances (includes waiting time). The cost of psychological assessment will be determined prior to the assessment procedure. Outstanding balances from under- or nonpayment from an insurance company are the patient's responsibility and may be charged against a credit card on file.

Please keep this form for your records!

Central Austin Psychology Group, PLLC
5926 Balcones Drive, Suite 212, Austin, Texas 78731
512-495-9556 voice 512-495-9774 fax
www.centralaustinpsychology.com